

周邊神經與肌肉疾病

花蓮慈濟醫院 神經內科部
陳俞名醫師

Overview

- Peripheral nerve lesion
- Peripheral neuropathy symptoms
- Peripheral neuropathy pattern
 - Mononeuropathy
 - Mononeuropathy multiplex
 - Polyneuropathy
 - Acquired : Guillain-Barre Syndrome
 - Hereditary: Charcot-Marie-Tooth disease

Overview

■ Peripheral nerve lesion

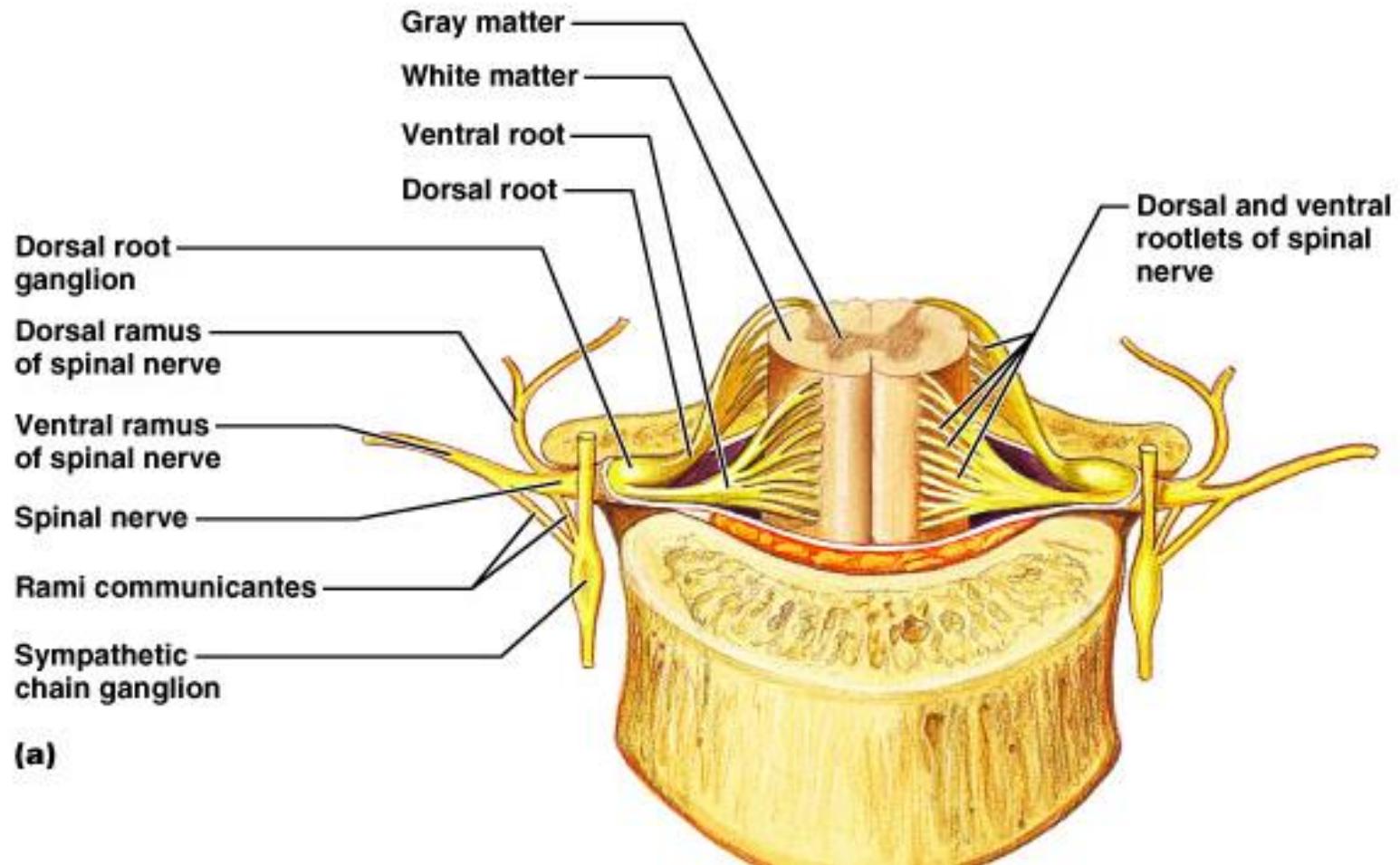
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Peripheral nerve lesions

- Spinal cord (Myelopathy)

- Root (Radiculopathy)
- Plexus (Plexopathy)
- Nerve (Neuropathy)

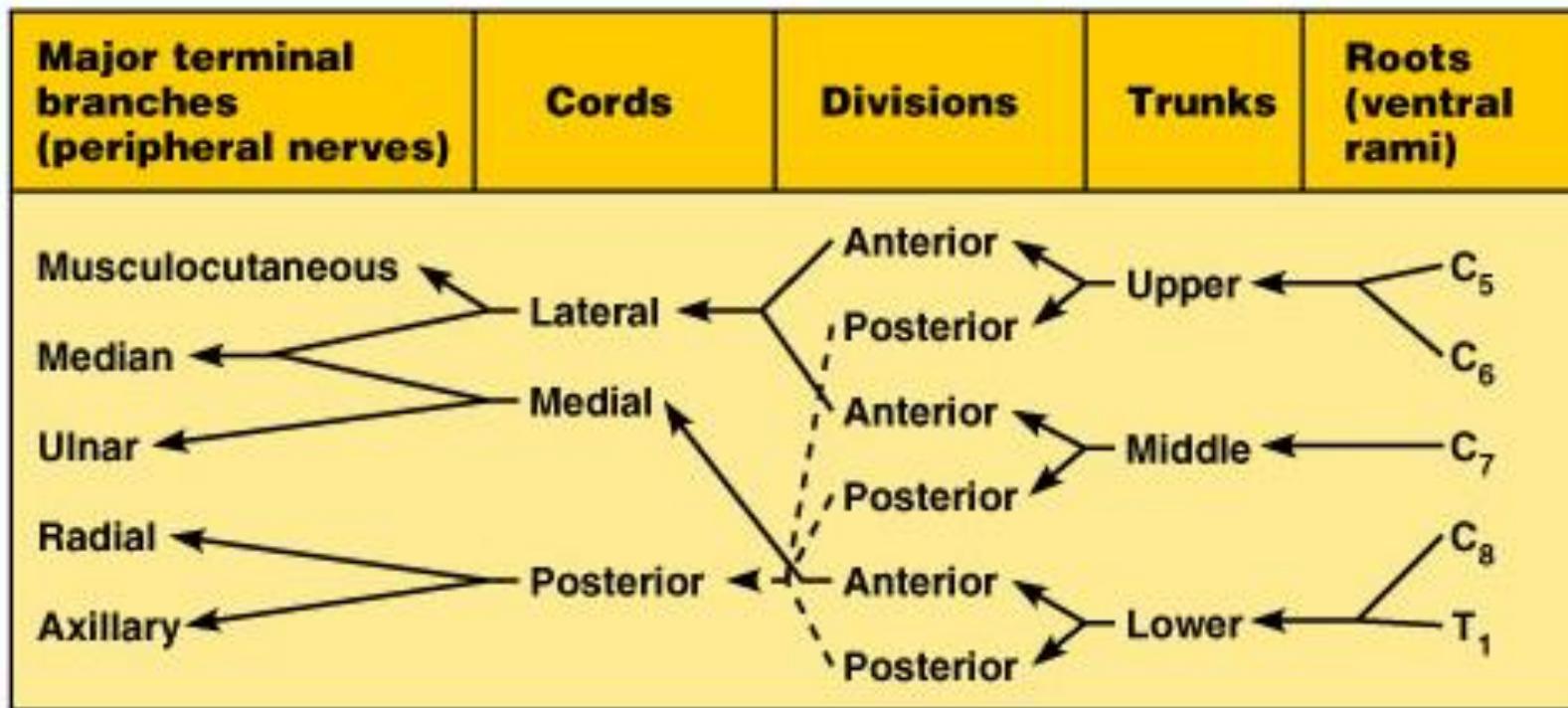
Myelopathy, Radiculopathy



Myeloradiculopathy



Plexopathy (Plexus lesion)



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Peripheral neuropathy symptoms

- Motor
- Sensory
- Autonomic

Motor

- Weakness
- Muscle atrophy
- Fasciculation
- Decreased deep tendon reflex

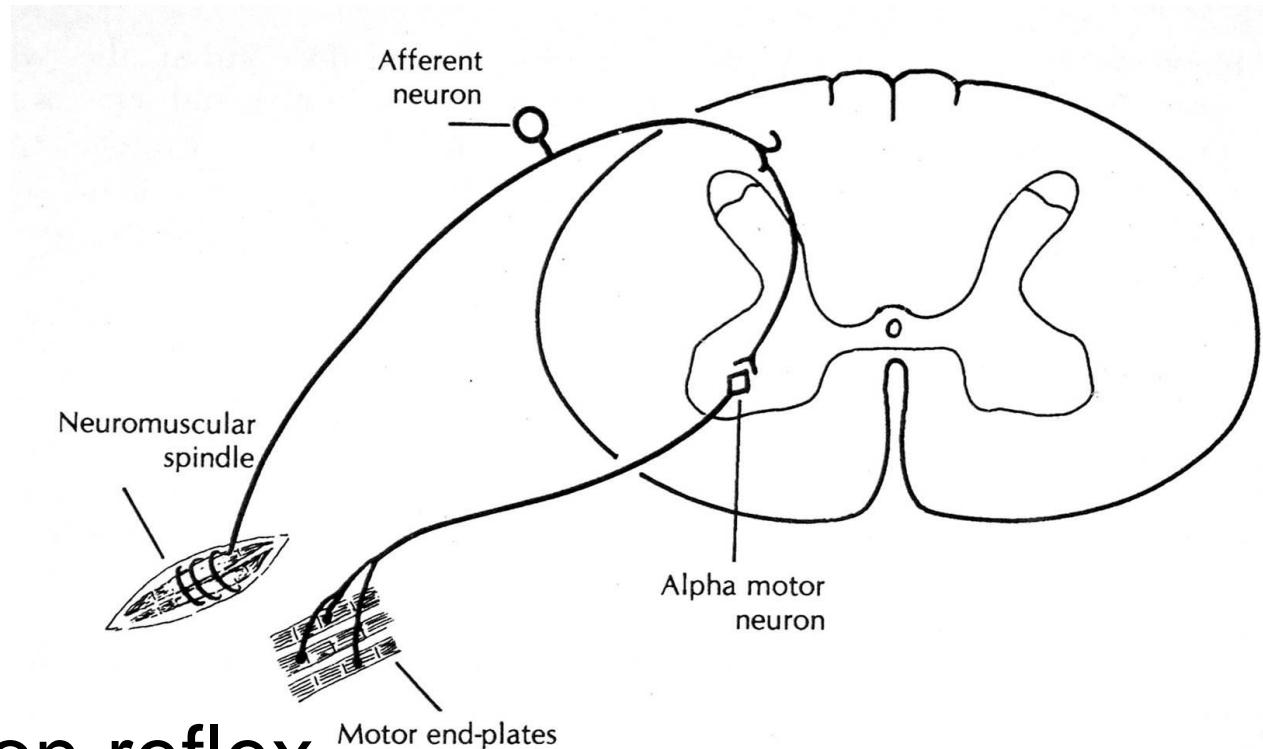
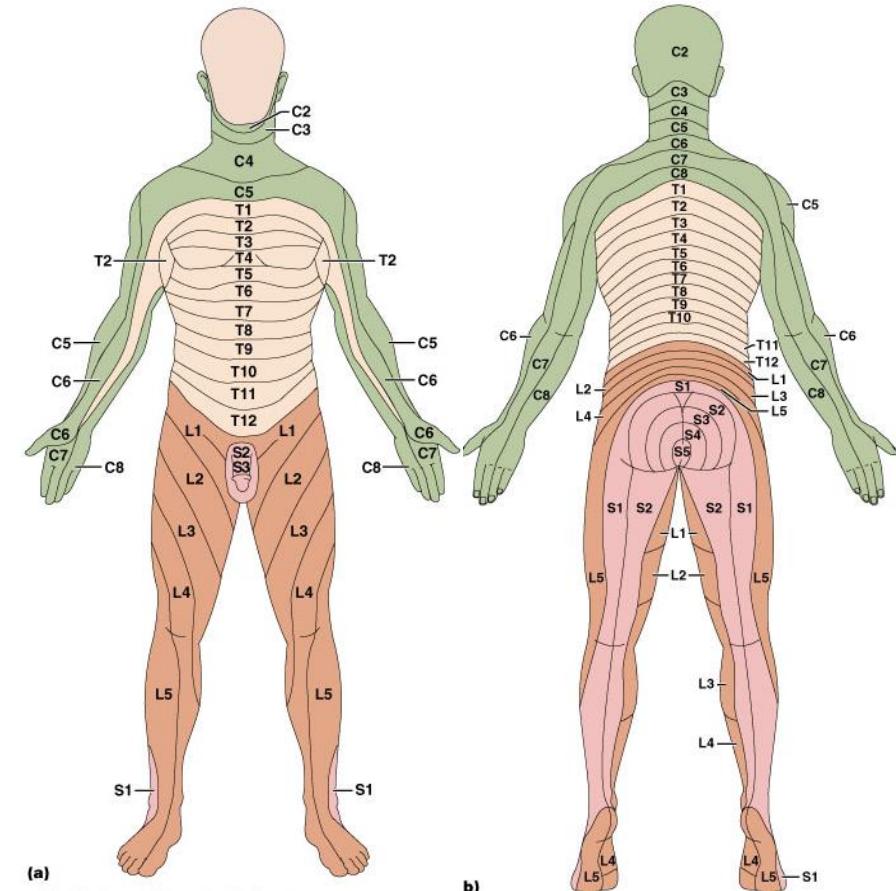


Figure 5-11. Monosynaptic stretch reflex arc.

Sensory

- Dermatome pattern
- One peripheral nerve distribution pattern
- Asymmetrical, Symmetrical (Glove-stock pattern)



Autonomic

6 AREAS AFFECTED WHEN AUTONOMIC NERVES ARE DAMAGED



醫師國考題

- 下列何者非周邊神經病變之常見症狀？
 - A. 運動功能障礙
 - B. 肌腱反射增強
 - C. 感覺功能障礙
 - D. 自律神經病變

Ans:B

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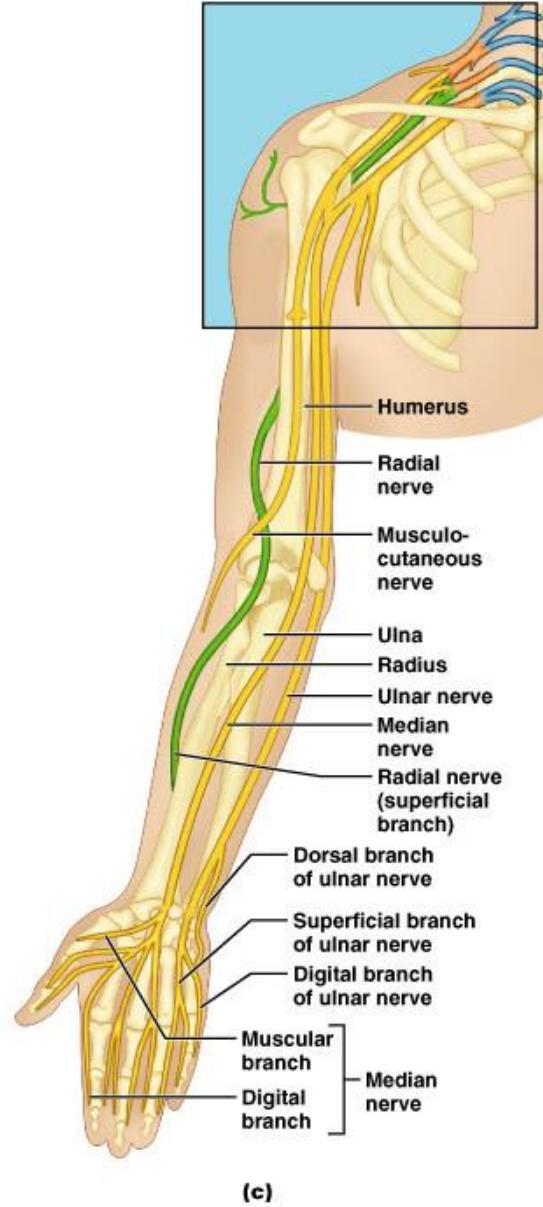
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Mononeuropathy:

Entrapment neuropathy

Compressive neuropathy



Carpal tunnel syndrome

Median neuropathy at the wrist

Symptoms:

Signs: Tinel sign/ Phalen test

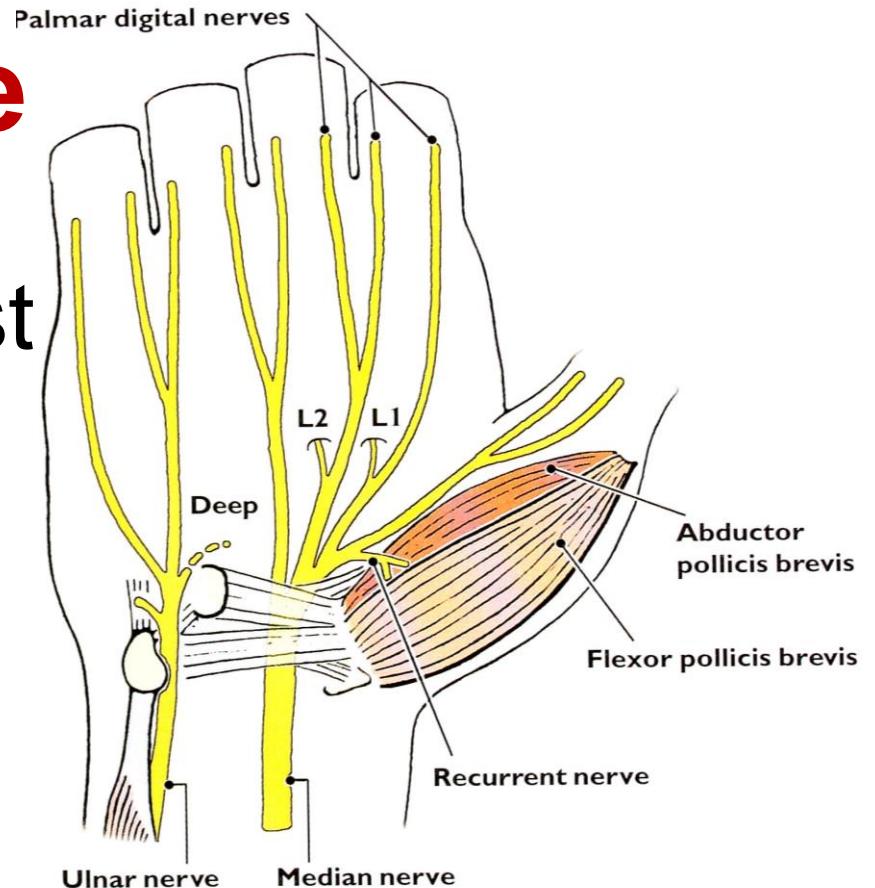
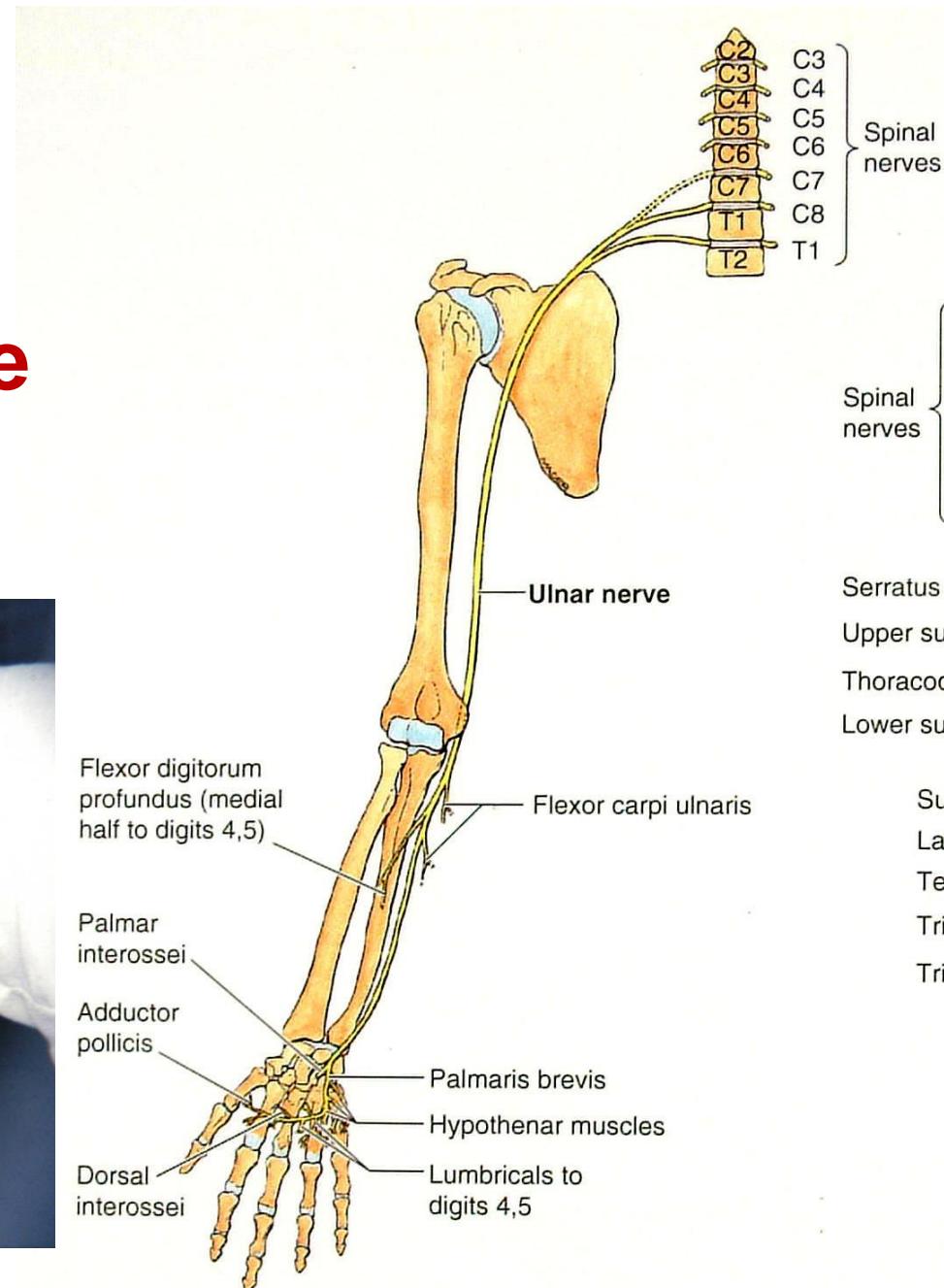


Figure 6.38. Essential nerves of the hand: median and ulnar nerves ($L1$ and $L2$, lumbral branches of median nerve).

Tardy ulnar palsy

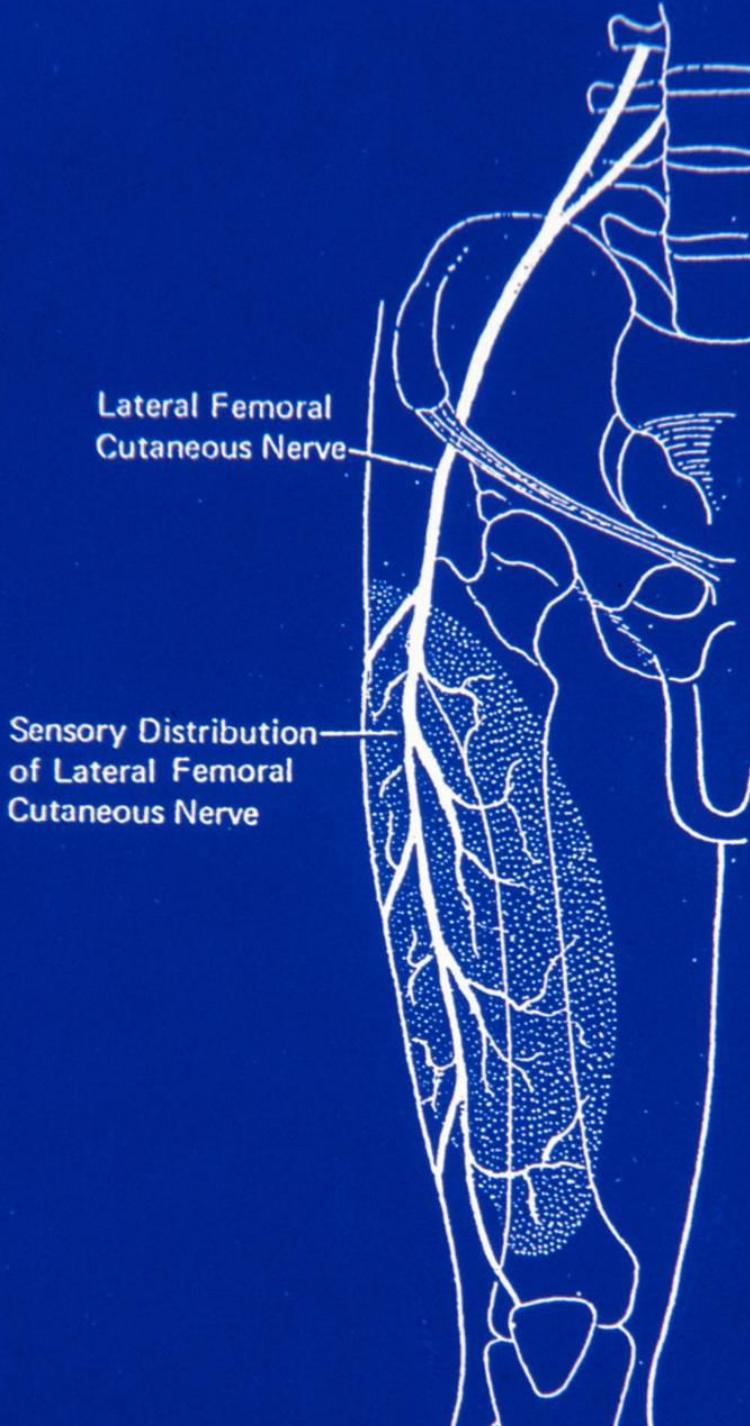
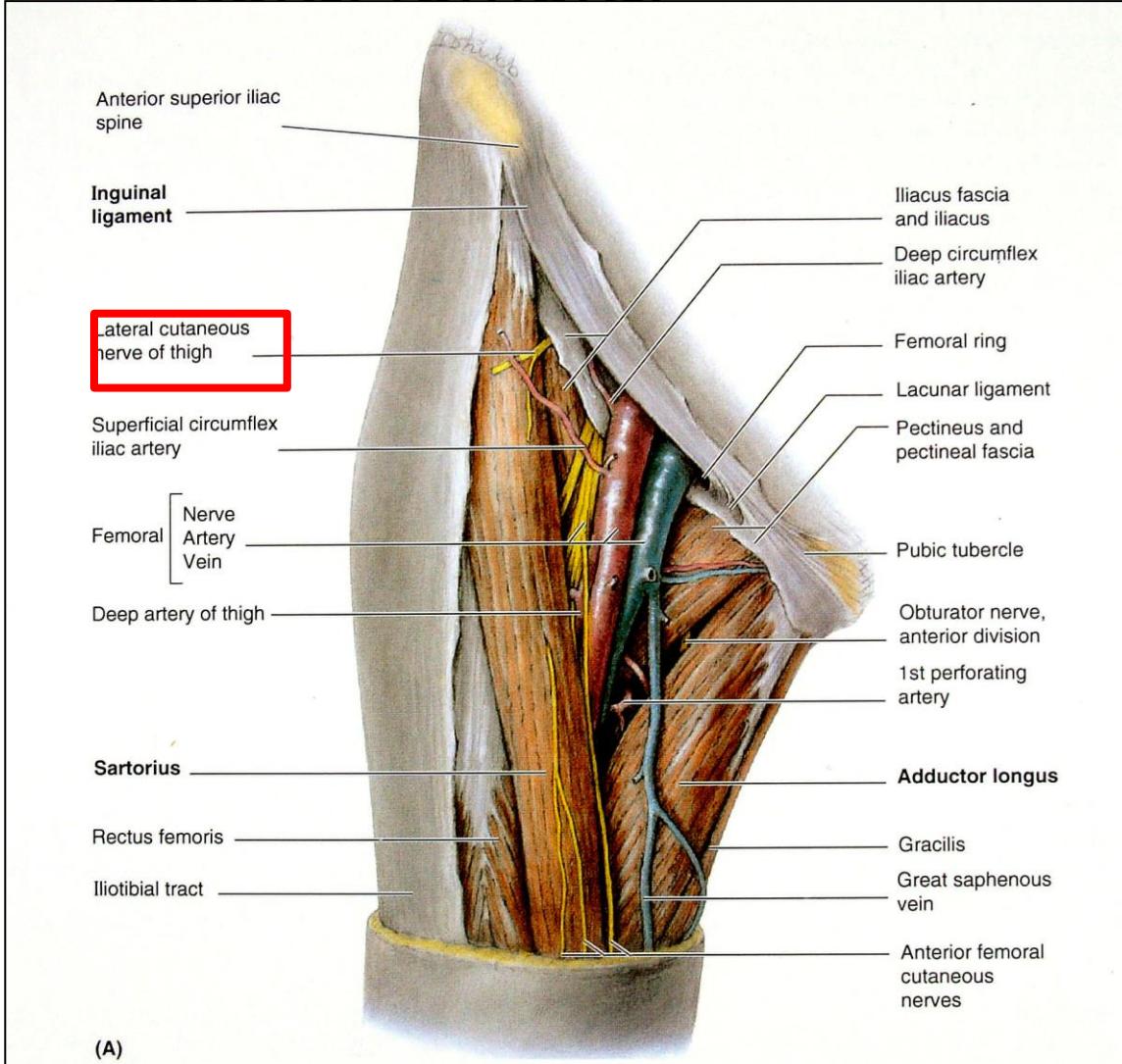
Cubital tunnel syndrome

Ulnar nerve



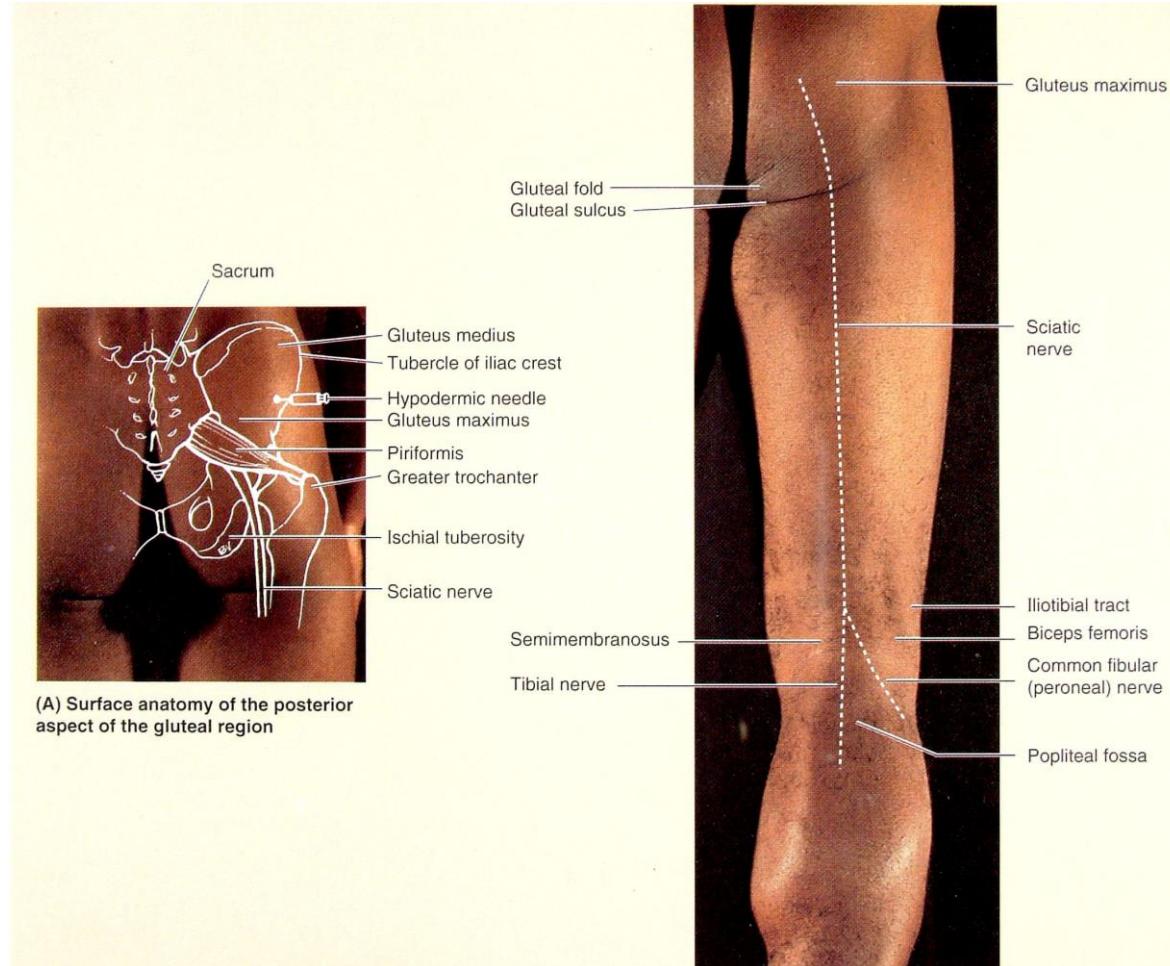
Meralgia paresthetica

Lateral femoral



Sciatica

Lumbar-sacral radiculopathy
Piriformissyndrome



Common peroneal nerve palsy

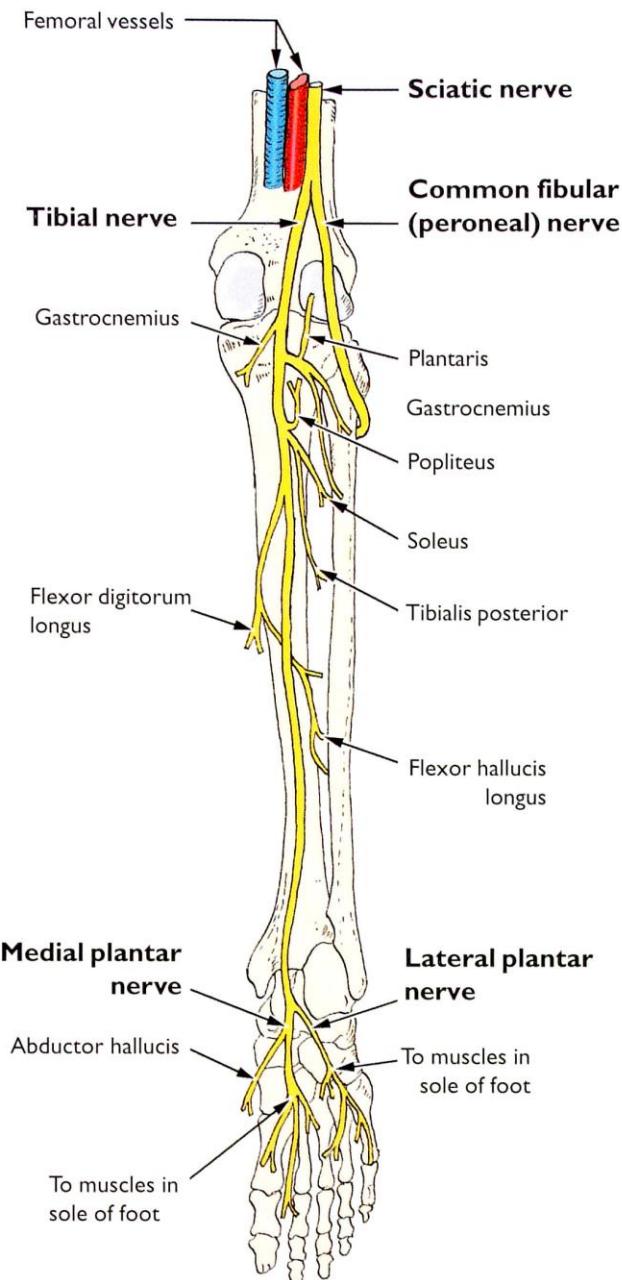


Figure 5.32. Scheme of motor distribution of the tibial nerve in the posterior crural compartment and in the sole of the foot.

Mononeuropathy

Infection, Inflammatory
Facial nerve palsy



Mononeuropathy or Radiculopathy

Herpes zoster: Ganglionopathy

Sensory ganglion

Geniculate ganglion, Trigeminal ganglion, Dorsal root ganglion



醫師國考題

- 有關疱疹病毒神經病變 (neuropathy of herpes zoster) 之敘述，下列何者最不恰當？
 - A.可能引起角膜 (cornea) 損傷
 - B.疱疹病毒主要侵犯運動神經元
 - C.好發於肋間神經
 - D.好發於三叉神經第一分支

A n s : B

Ramsay-Hunt syndrome

Geniculate ganglion



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Mononeuropathy multiplex

- Autoimmune disease
- Rheumatic arthritis
- Systemic lupus erythematosus (SLE)
- Sjogren syndrome (Sicca complex)
- Vasculitis (Polyarteritis nodosa)
- Malignancy
- DM

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Polyneuropathy: Symmetrical Stocking-glove pattern

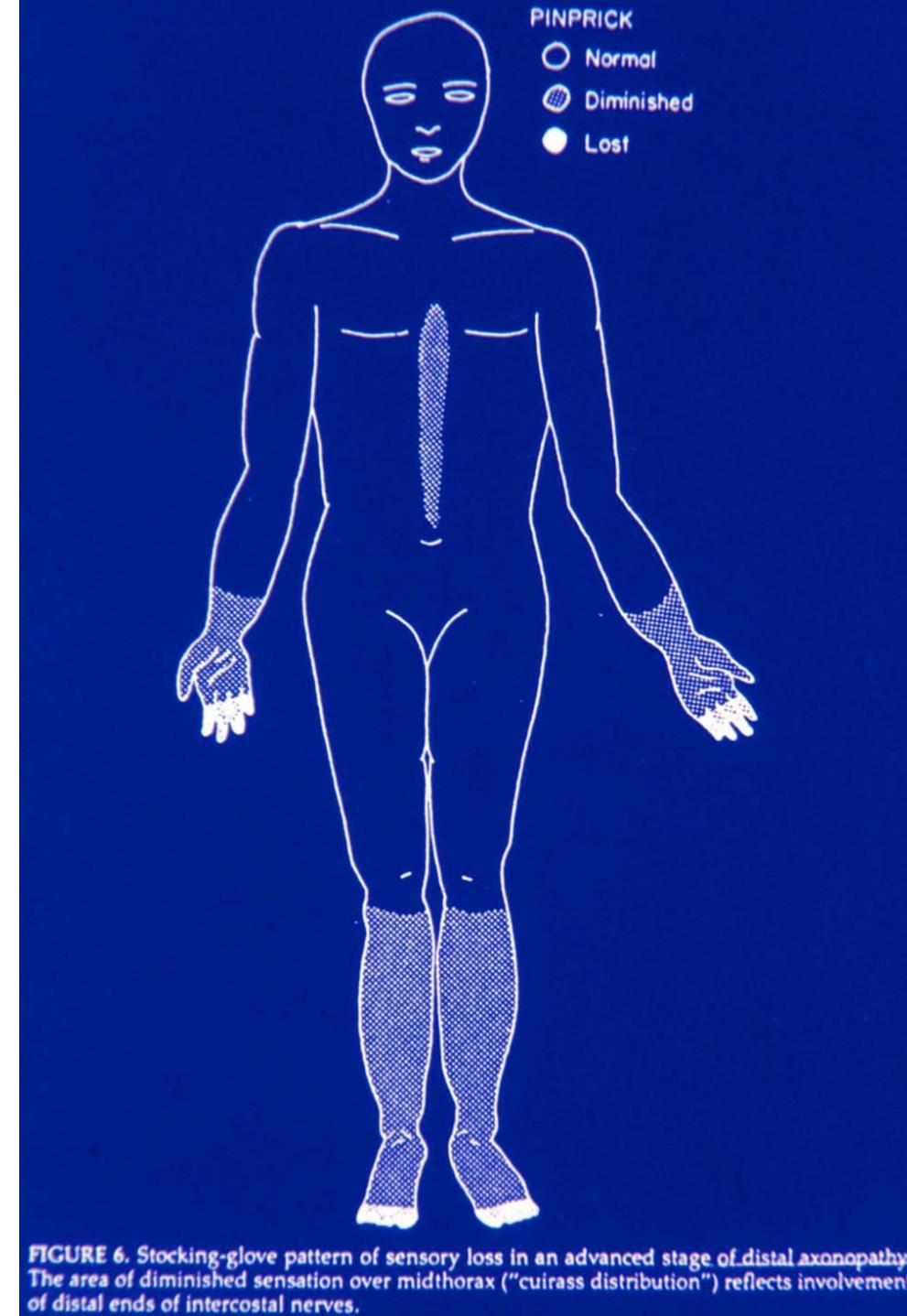


FIGURE 6. Stocking-glove pattern of sensory loss in an advanced stage of distal axonopathy. The area of diminished sensation over midthorax ("cuirass distribution") reflects involvement of distal ends of intercostal nerves.

Polyneuropathy: Acquired, Hereditary

- Diabetes
- Alcohol
- Nutrition
- Guillain-Barre syndrome
- Trauma (Radiation injury, Burn injury, Electric shock)
- Hereditary
- Environment (Toxin, Drugs)
- Rheumatic (Autoimmune disease)
- Amyloid
- Paraneoplastic (Malignancy)
- Infection
- Systemic disease (Metabolic, hepatic, Uremic, Thyroid)
- Tumor

Clinical symptoms and signs

- Motor deficits
- Decreases in tendon reflexes
- Fasciculation and cramp
- Hypoesthesia and hyperesthesia
- Paresthesia and dysesthesia
- Sensory ataxia and tremor
- Deformity and trophic changes
- Autonomic disorders

Polyneuropathy: Acquired, Hereditary

Acquired

Guillain-Barre Syndrome (GBS)

**Acute Inflammatory Demyelinating
Polyneuropathy (AIDP)**

**Chronic Inflammatory Demyelinating
Polyneuropathy (CIDP)**

Hereditary

Hereditary Sensory Motor Polyneuropathy

Charcot-Marie-Tooth disease

**Hereditary Neuropathy with Liability to
Pressure Palsy (HNPP)**

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新聞報導

接種賽諾菲出現2例神經病變 與流感疫苗關聯待查

2020年10月31日 中央社



(中央社記者張茗喧台北31日電)繼台中一名男子接種流感疫苗後出現神經病變症狀，有名基隆女子也現疑似症狀。疫情指揮中心發言人莊人祥表示，2個案均接種賽諾菲疫苗，但批號不同，是否與疫苗有關仍待釐清。

基隆一名50多歲李姓女子接種流感疫苗9天後四肢突然發麻且有味覺喪失症狀，向中央通報疫苗不良反應事件，後續出現吞嚥困難、無法進食等症狀，目前插管住進加護病房，院方初步懷疑為急性多發性神經炎，即所謂的「格林巴利症候群」(GBS)。

中央流行疫情指揮中心發言人莊人祥表示，多數研究都顯示，流感疫苗和此疾病沒有相關，僅少數研究顯示有微小相關，且個案出現味覺喪失症狀，有醫師研判和格林巴利症候群相關性可能不大，另因病毒感染都可能造成味覺喪失，如無相關危險因子，不會特別採檢。

Acute Inflammatory Demyelinating Polyradiculoneuropathy (AIDP)

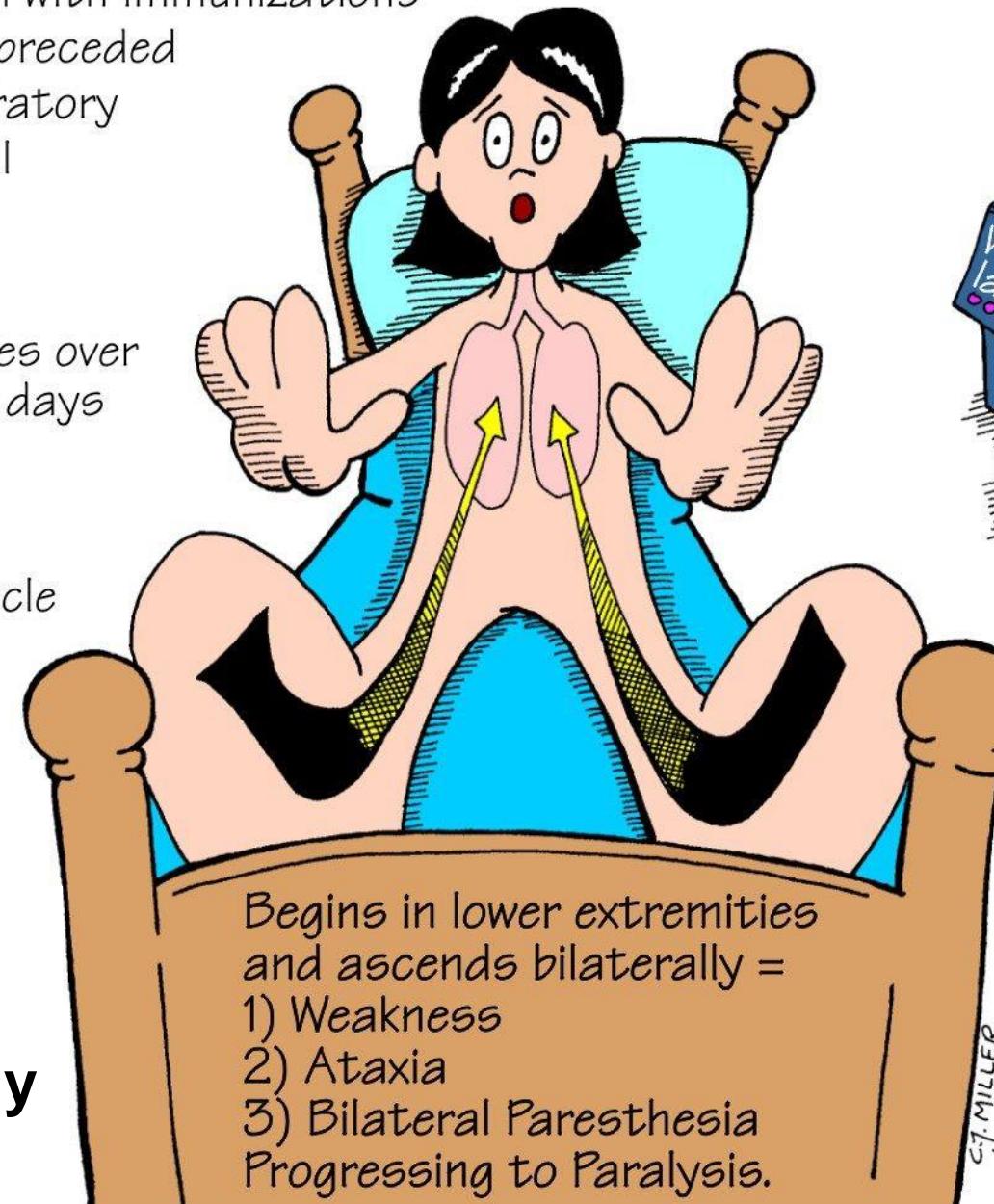
Risk Factors:

- Possibly Autoimmune
- Association with Immunizations
- Frequently preceded by mild respiratory or intestinal infection
- Progresses over hours to days

- Minimal Muscle Atrophy



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Begins in lower extremities and ascends bilaterally =
1) Weakness
2) Ataxia
3) Bilateral Paresthesia
Progressing to Paralysis.

Guillain-Barre Syndrome



Symmetrical Paralysis

Causes Problems With:

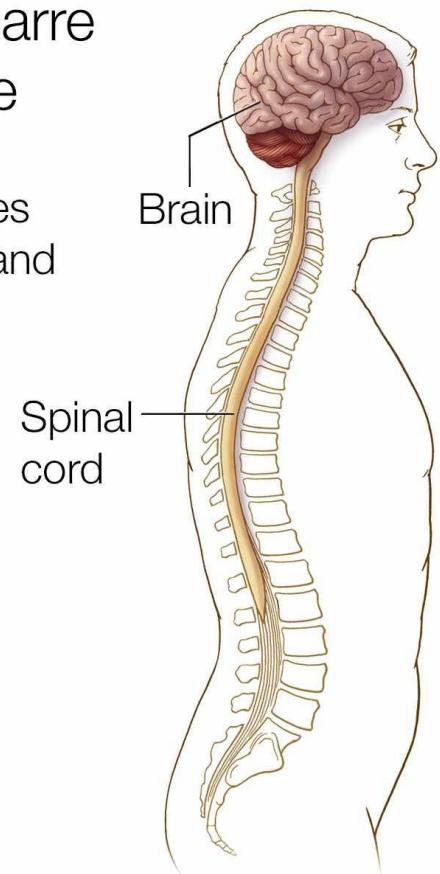
- Respiration
- Talking
- Swallowing
- Bowel & Bladder Function

Pathology

- Cell-mediated immunologic reaction
- Segmental demyelination

Guillain-Barre Syndrome

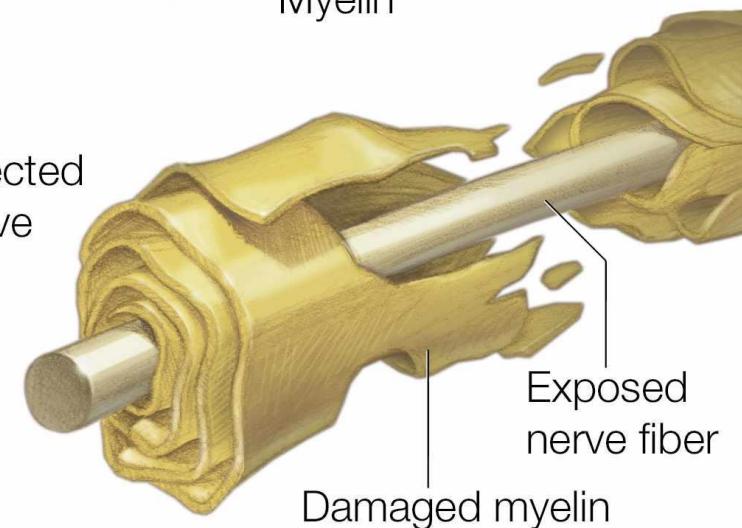
Affects nerves in the brain and spinal cord



Normal nerve



Affected nerve



Spectrum of Guillain-Barre Syndrome

- Acute Inflammatory Demyelinating Polyradiculoneuropathy (AIDP)
- Axonal GBS
- Acute Motor Axonal Neuropathy (AMAN)
- Variant
 - Miller-Fisher Syndrome (Ophthalmoplegia)
 - Sensory GBS
 - Subacute Pandysautonomia
 - Acute Vestibulopharyngitis

Treatment of GBS

- Plasmapheresis
 - 250-300 cc/kg in divided doses
- IV Immunoglobulin (IVIG)
 - 0.4 gm/kg/day for 5 days

醫師國考題

- 42歲男性，沒有糖尿病及慢性器官衰竭病史；15天前曾有2天腹瀉，緊接著雙腳腳底有麻刺感，逐漸轉為麻木，沿著腳底一路麻到膝蓋，也發現兩側小腿的肌肉鬆垮及力量減弱，雙手使用筷子及扭瓶蓋的動作也變困難。下列有關病患的診斷臆測，何者最為正確？
 - A.右側中大腦動脈的大面積中風
 - B.遺傳性運動及感覺神經病變
 - C.陳舊性的脊髓白質病變後遺症
 - D.急性的周邊神經病變

Ans:D

Chronic Inflammatory Demyelinating polyradiculoneuropathy (CIDP)

Demyelination-Remyelination

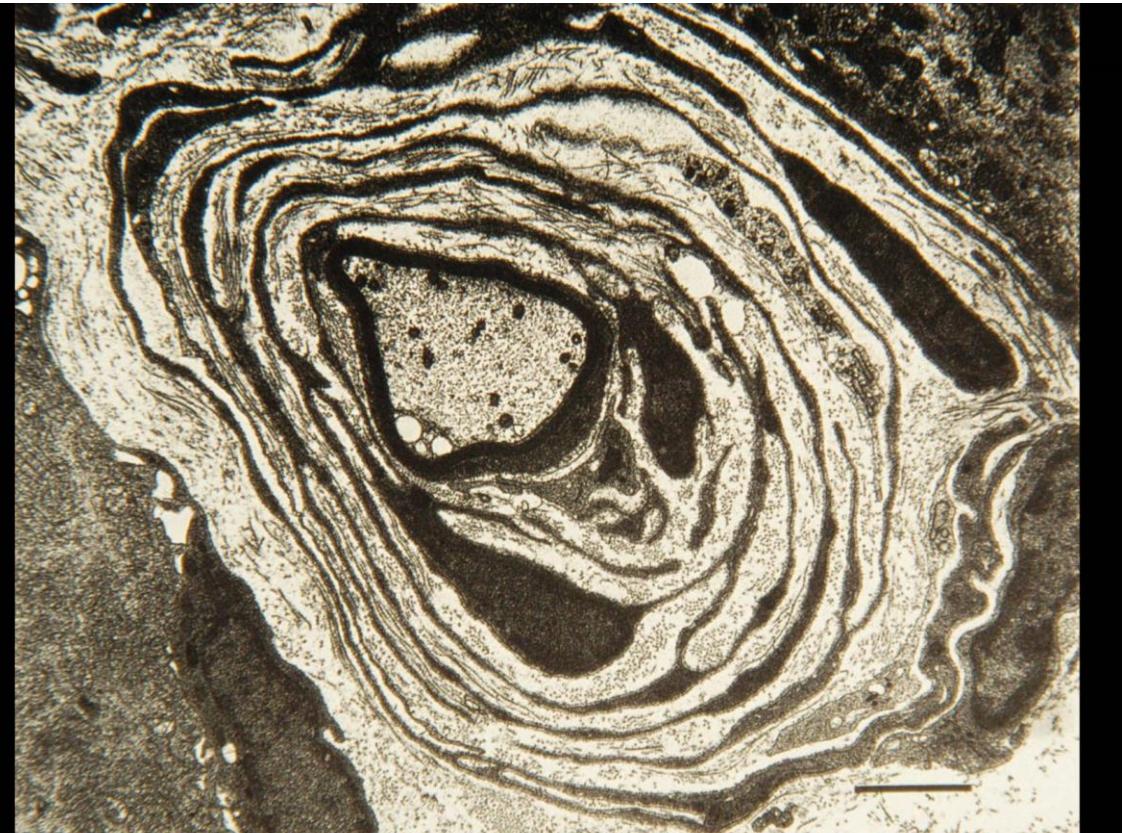


Fig. 3.11. Onion bulb. A remyelinated axon between the dorsal root ganglion cells is surrounded by layers of Schwann cell and fibroblast processes. Bar = 2 μm . (From Adam et al. (1989), with permission.)

Treatment of CIDP

- **Steroid**
 - 1 mg/Kg
 - Do not taper too far
- Azathioprine
 - 3 mg/kg
- Cyclosporine
 - 4-8 mg/kg/day
- Plasmapheresis
 - 250–300 cc/kg in divided doses
- IV Immunoglobulin (IVIG)
 - 0.4 gm/kg/day for 5 days
- Cyclophosphamide
 - 500-750 mg/m² every month

DM (Diabetes Mellitus)

DM mononeuropathy

DM Mononeuropathy multiplex

DM polyneuropathy

DM amyotrophy (Muscle atrophy)

Table 64–1. CLASSIFICATION OF DIABETIC NEUROPATHY

Symmetric Polyneuropathies

Sensory or sensorimotor polyneuropathy

Autonomic neuropathy

Symmetric proximal lower limb motor neuropathy

Focal and Multifocal Neuropathies

Cranial neuropathy

Trunk and limb mononeuropathy

Asymmetric lower limb motor neuropathy

Mixed Forms

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Charcot-Marie-Tooth disease

Hereditary motor and sensory neuropathy (HMSN)

Late childhood onset

Symmetric distal motor weakness

Muscle atrophy

Most in peroneal nerves

Pes cavus

Invert champagne bottle sign

Sensory involvement

ANS not involved

Charcot-Marie-Tooth disease



Overview

- Myopathic disorder
- Myopathic symptoms
- Myopathic pattern
 - Muscular dystrophies
 - Duchenne dystrophy
 - Becker dystrophy
 - Myotonic dystrophy

Overview

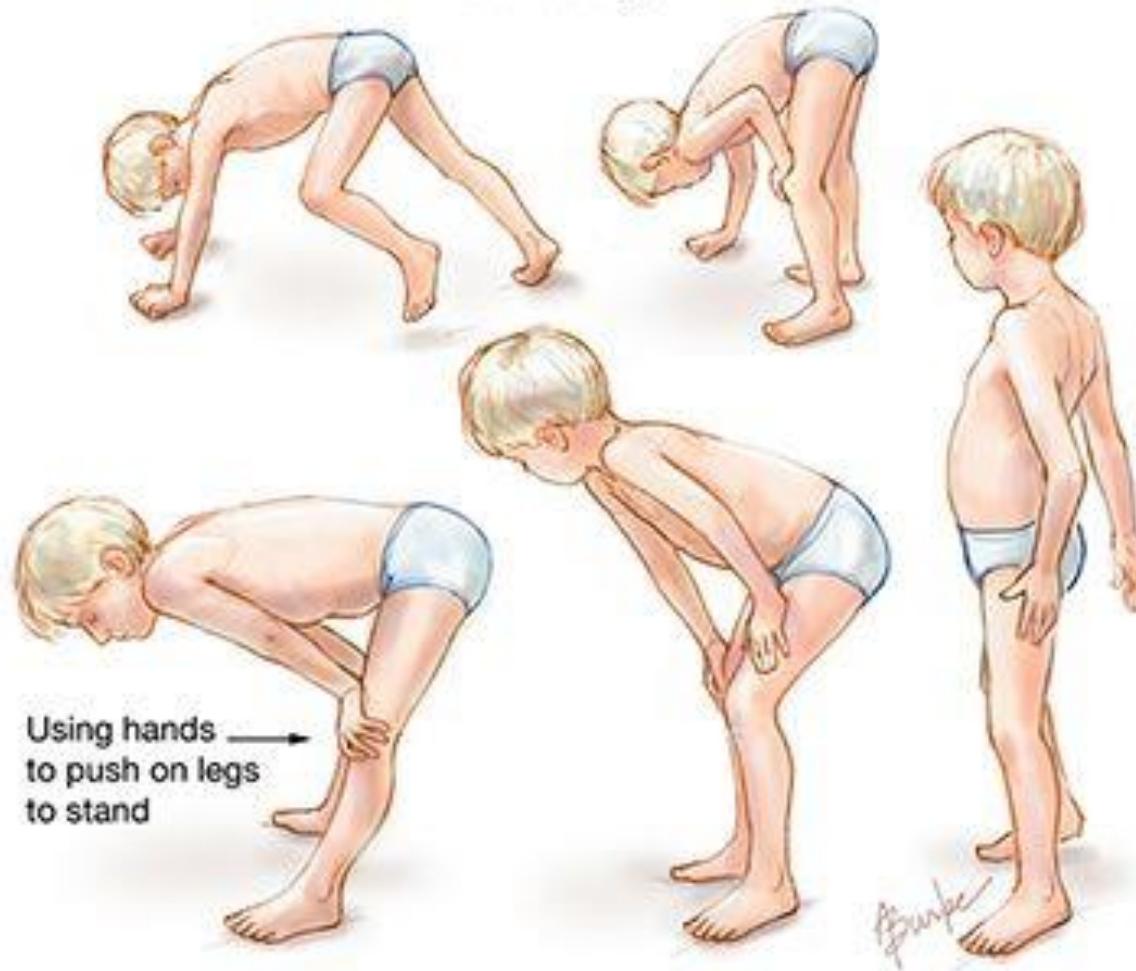
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Myopathic disorder symptoms

- Dysfunction of muscle fibers
- Progressive proximal muscle weakness (general rule)
- Muscle atrophy
- Inherited or acquired

Myopathic disorder

Gowers Sign

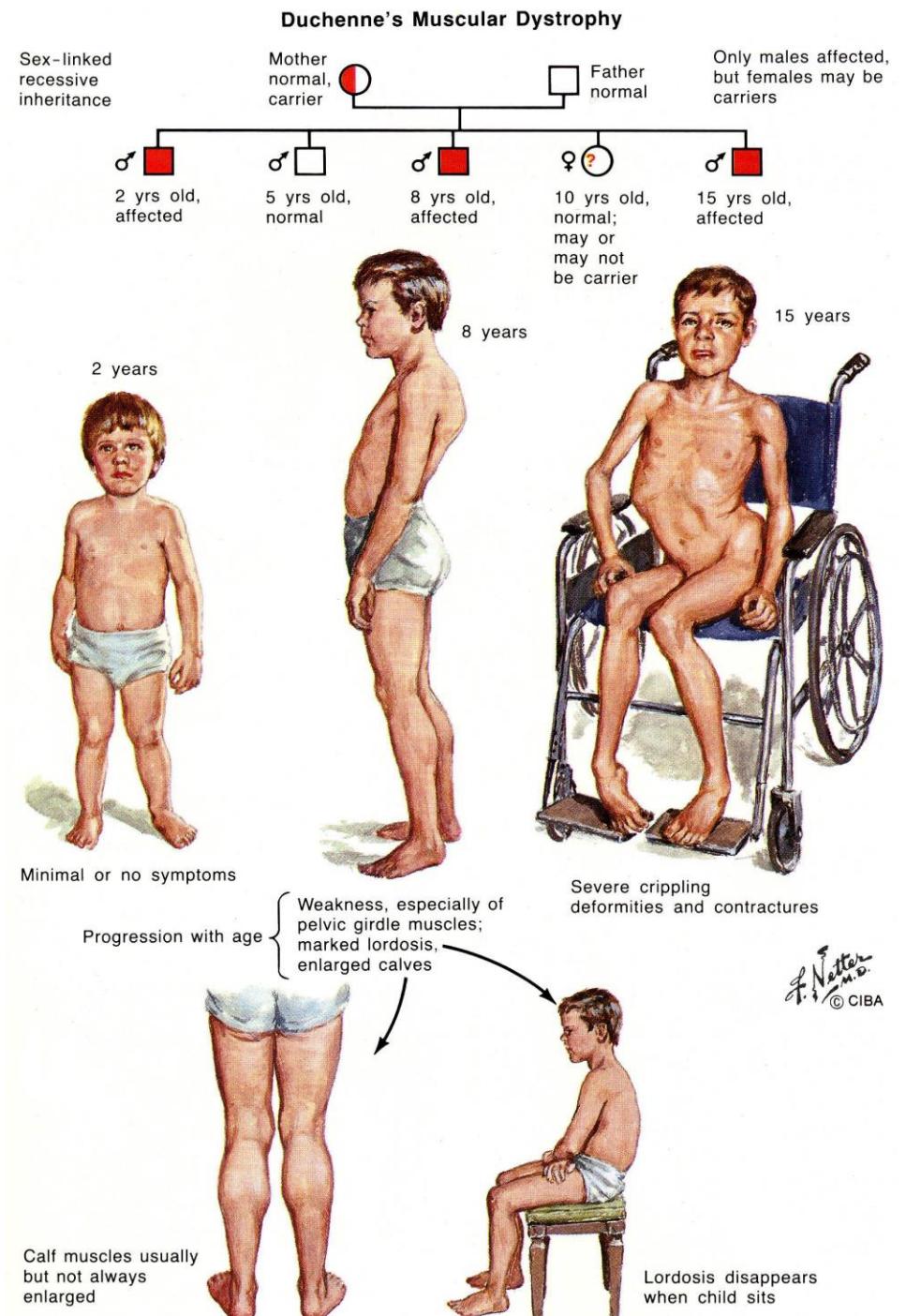


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Muscular dystrophies

- Dystrophin protein
- Sex-linked inheritance



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Myotonic dystrophy

- Myotonia
- Delayed muscle relaxation
- Dominant inheritance
- Type I myotonic dystrophy → distal muscle weakness, with DM, cataract, arrhythmia, bald
- Type II myotonic dystrophy → proximal muscle weakness, milder symptoms



醫師國考題

- 關於肌強直營養不良（ myotonic dystrophy ），下列敘述何者錯誤？
 - A.自體顯性遺傳
 - B.以近端無力為主，常見複視
 - C.經常合併多系統疾病，例如白內障、糖尿病、心律不整等
 - D.血液中的肌肉酵素一般是正常或輕微上升

Ans : B

Take home messages

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 - Becker dystrophy
 - Myotonic dystrophy

參考資料

- Clinical neurology 7th edition
- Merritt's neurology 13th edition
- 109/110年醫師(二)國考題